





Senior School Headmaster: Mr J.Bushrod B.Sc. Hons. PGCE Middle School Headmistress: Mrs S.Wrightson B.Ed. Hons Junior School Headmistress: Mrs. J.Jenner B.Ed Hons. B.A.

June 2012

# Duke of Edinburgh Award Expeditions

So here we go, in theory they have a number of options; Foot, Bike, Rowing boat, Sailing boat, Kayak/Canoe or Horse.

I've organised expeditions by foot, canoe & bike. The easiest one to organise is by foot. I was hoping to get all the training & assessment done this summer, but exams & other school activates have made this rather unlikely. Training during the holiday is difficult as people are out on holiday at different times, trying to get everyone together is a challenge.

## The plan

- Day training walk Mon. 25/6/12 9-4 We need to get the ball rolling
- Theory
  - o Kit Thu. 6/9/12 12:05-13:00
  - o Route planning Fri. 7/9/12 12:05-13:00
  - o The rest we'll fit into the training camps.
- Training Camps
  - o Thu. 13/9/12 4pm to Sat. 15/9/12 11:59am
  - o Thu. 20/9/12 4pm to Sat. 22/9/12 11:59am
- Assessment
  - o I'll try & get this arranged for Thu. 4 to Fri. 5 Oct.

E-Mail: Enquires@MagdalenCourtSchool.co.uk Internet: www.MagdalenCourtSchool.co.uk

### What about the other sections?

- Physical (Sport really)
- Volunteering
- Skill

#### Then what?

- Choose an activity under each of the sections above from the DofE web site <a href="https://www.dofe.org/en/content/cms/doing-your-dofe/activities-sections/">www.dofe.org/en/content/cms/doing-your-dofe/activities-sections/</a>
- Choose the duration 3 or 6 months (1 section has to be 6mths)

### They all have a similar format:

- Find a mentor, someone who can sign of this activity & say what you have done. Not a relative. An instructor or club official would be good.
- Give yourself some objectives you would like to achieve by the end of that period of time
- Get doing it.
  - o Nice to keep a log of your attendance (once a week for 1hr or 1 whole day a month)
  - o Take photos, we need evidence of your involvement in that activity
- At the end of the section your mentor writes/e-mails a short 100 word ish description of how you have got on.
- You write a short piece about your experience completing this section. About 100 words.
- Done!

Lots of info on the school web site: www.MagdalenCourtSchool.co.uk/DofE/

### Communication

• Ensure you are registered on the 'Bronze DofE Walking 2012' new group page, so you get all the e-mails regarding this part of the award.

Mr John Jenner jr B.Ed. Head of Outdoor Pursuits John@MagdalenCourtSchool.co.uk

Mobile: 07970-434199