

You're lost!

1. How long have you been walking since your last known position?
You now have a circle around your last known position, which you must be within.
2. In what direction; North, South etc.
That has reduced the circle by half.
3. What has the terrain been like for the last 20 minutes?
(It might just be you have been climbing a steep hill for that time!)
What features can you see?
Now look in your cake ½ to see if you can see these features
4. If you now think you know where you are go to step 6
5. You don't want to do it, but **you must**.
Back track to your last known position.
If you have been vigilant it will only be 50-500m if not it might be 12k.
6. Look on your map & identify as many features as you can around your current location.
At least 3, the more the better.
 - Use your compass to orientate the map to the ground.
 - Ensure you don't make the landscape fit the map you have.
It could well be you weren't where you thought you were & so you have been lost for even longer than you thought.
That would explain why you were so lost earlier!
 - Identify a feature a short distance away 100-500m that you can't see yet.
Walk out & find it.
Was it there?
If not, you may still be lost & just think the features around you fit the map.
Try again, really prove to yourself you are where you say you are.
7. But I'm still lost!
 - If you still recognise your route backtrack still more.
 - If not, choose a bearing which will take you to a linear feature (road, fence, river) you must hit it at 90°.
If there is no obvious one, choose a bearing to take you of the open ground.
 - Once you have chosen your bearing, stick to it, for 2-3 or 4hrs if necessary, but stay on that bearing.
 - When you hit your linear feature, follow along it, to find features to enable you to locate your location.
8. When you are absolutely sure you know where you are, move on, but this time:
 - Keep the map out
 - Tick off features off as you pass them
 - Keep your thumb on the position you are in.
 - Keep the map orientated to the ground you are walking on.
 - Keep track of the distance you have travelled between features by:
 - Pacing if under 500m
 - Timing if over 500m
 - Keep your navigation legs down to less than 1k if possible.

Rules

- You must go to each checkpoint in turn.
Even if it means backtracking 2hrs.
- Stick to your planned route.
No shortcuts or deviations.
- Text your arrival time to the supervisor for each check point.
- If you get lost, contact your supervisor ASAP to inform him/her of your progress.
 - How to contact?
 - § Mobile text works great. 07970-434199
 - § Mobile voice
 - § Try different networks if yours wont work.
 - § Land line, pay phone
 - § Land line, ask to borrow phone from house/farm.
Only in emergency.
 - § Phone school 01392-494919
- Don't start phoning friends/parents to report your lost, unless all else has failed.
- If you start to fall behind your walking schedule, contact your supervisor & keep him/her informed of your progress. It may be necessary to meet you at a new rendezvous or to wait at a checkpoint.