



Senior School Headmaster: Mr J.Bushrod B.Sc. Hons. PGCE
 Junior School Headmistress: Mrs. J.Jenner B.Ed Hons. B.A.
 Deputy Head: Mr J.Jenner Jnr. B.Ed. Hons. Adv. Dip. (I.T.) M.I.S.T.C

MCS Canoe Club

Dear Parents,

Following on from our successful Winter Canoe Swimming pool sessions, I am planning to offer the following courses this summer term.

Beginners kayaking sessions

Where: Exeter Canal @ Swing Bridges, Exeter Canal Basin, River Exe by Canal basin + others.

When: Wednesday afternoons 4:00pm to 6:00pm

Age: 8ys +

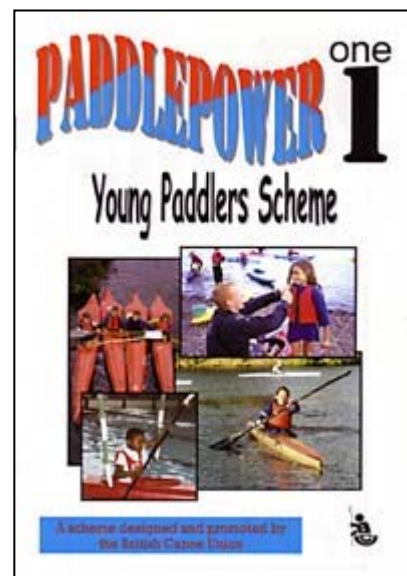
Places: 12 + Cadet Leaders

Kayaking ability: None

Swimming ability: 25m +

Dates: 25th April
 2nd, 9th, 16th, 23rd May
 6th, 13th, 20th June
 4th July

Cost: £90



Intermediate & above Kayak trips

Where: Exe & its estuary + 4 local weirs, Teign, Dart & surfing at Bigbury Bay or Widemouth Bay + others.

We hope to develop pupils paddling skills so they can join the school club in the autumn, paddling the local white water rivers.

When: Monday afternoon 4:00pm to 7:00pm, possibly later.

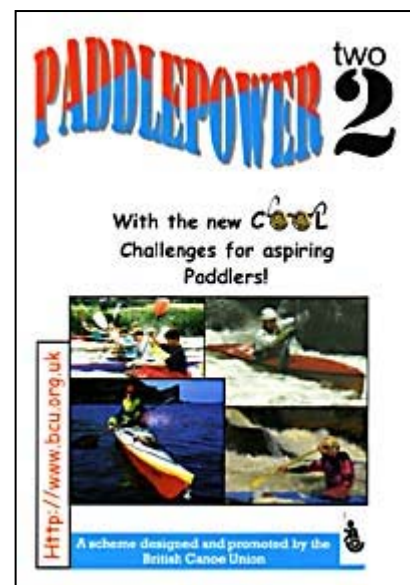
Places: 12

Kayaking ability: 2 star or completed PaddlePower 1
 Or equivalent experience.

Swimming ability: 25m +

Dates: 23rd April
 14th, 21st May
 4th, 11th June
 2nd & 9th July

Cost: £70



*I'm trying to keep parents informed by e-mail & text messages,
 e-mail me your e-mail address & mobile number john@mcs-exeter.co.uk*

Magdalen Court School, Mulberry House, Victoria Park Road, Exeter EX2 4NU
 Tel: (01392) 494919 Fax: 0844-0404 101 International: 44-1392-494919 (24hrs)
 E-Mail: Enquires@mcs-exeter.co.uk Internet: www.mcs-exeter.co.uk

----- Return by Fri. 30th March Please -----

I would like my son/daughter to take part in the **Beginners / Intermediate** (delete as appropriate) MCS Canoe club.

I enclose a cheque for £ + £5 registration fee if required

I am aware that there are risks associated with water sports.

Name of Child: Parent's signature:

Both courses incur a £5 registration fee for the PaddlePower course & Logbook

If you would like your son/daughter to take part, please complete the form above & return to school tomorrow.

The coaching structure in basic form is:

- Cadet Leader
- Level 1 Coach (Assists a L2 coach or above)
- Level 2 Coach (School/Club instructor level)
- Level 3 Coach (Senior instructor)
- Level 4 Coach (Advanced instructor)
- Level 5 Coach (Highest level)

The 3 documents below & this one are available on the school web site:

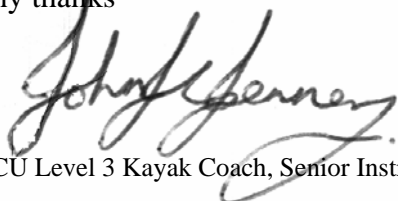
www.MagdalenCourtSchool.co.uk

follow the **Information**, **Letters** & then **Canoe Club** links.

- Students who are 12yrs old + may start on the Cadet Leader Award, see separate letter.
- Kit Lists available:
 - Beginners
 - Intermediates

Water sports have an inherent risk. You should only undertake these activities if you & your guardians are personally prepared to accept these risks & recognise that you will be exposed to potentially life-threatening situations.

Many thanks



BCU Level 3 Kayak Coach, Senior Instructor



*Expect to get wet,
Often you won't,
But you always fall in, when you forget to bring some warm clothes.*