



Exeter Canal Cycle Trip

Friday 28th April 2011

I'm proposing to run a cycling trip on the Exeter Canal Cycle Trail, which is almost entirely traffic free.

Who can go?: Early GCSE

Cost: Nil

Distance: 14 miles easy, almost entirely traffic free.

Start at school & cycle to Star Cross (time & group allowing).

Time: Depart 9:15am, return 4pm approx

What do they need?

- Road or Mountain Bicycle in good order, with working brakes.
- Clothing appropriate for the weather, Bring a spare jumper or coat. If it's sunny, shirts with a collar & that cover your shoulders are a good idea.
- Rucksack
- Packed lunch + drink
- Pocket money for ice cream/tea.
- Warm clothing
- Trainers or other suitable footwear for cycling
- If you have a cycle repair kit & some simple cycle tools, then do bring them, if not don't worry.

Numbers limited to: 12

	Return Thu. 27 th	April	
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If you are not aware of the risks involved or the procedures we put in place to manage these, please ask myself, & I will be most happy to describe the activity in greater detail, explaining the potential risks your child will be exposed to.





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