

Walking Events

Exmoor Challenge, DofE, Abbot's Way, Ten Tors

Also applicable for many of our other Outward Bound activities

Parents Involvement

Parents can make a big impact on the success of our activities, just like their academic work.

Ways parents can help:

- Shuttle runs, we often do liner walks, starting in one place & finishing at another, somehow we have to get the minibus from the start to the finish.
- Meeting teams at 'way points' providing drinks, picking up those injured or too tired to continue.
- Supervision, ideally we don't have groups out with one adult. That way if we have an incident, one adult can stay with the casualty, while the other gets help.

Costs

These are variable depending whether we are; on a day walk, using camp sites, wild camping, how far we are travelling, whether I've had to hire in staff etc.

The Basic Coast this year is set at £5 per day + camping fees.

Some of the more extensive trips, like our French trip, Outdoor Pursuits Residential Trip, Beacons Walking weekend etc, have a much larger cost attached which is detailed in the individual letter for that activity.

School

Minibus fuel & depreciation, younger teachers now need to take the separate minibus driving test
Camping equipment; tents, cookers, cooker fuel, maps, laminating pouches, printer ink, compression bags etc

Staff training, this is just huge.

- Most qualifications need to be kept current, with update courses, some of which are annual
 - Life saving is biannual
 - First Aid in every 3 years, I have a remote First Aid qualification as well as the First Aid at Work
 - Ten Tors every 3 years
- We are then always extending the qualification of the staff we have at present & training new staff up to get involved with our Outdoor Pursuits Program, as well as parents.

Often my courses are in North Wales, Scotland or this ½ term Slovenia. The costs are scary!

My outdoor pursuit's qualifications are above senior instructor level for many Outdoor pursuits' centres & I'm always working towards the next level or activity.

Entry Fees

All events have entry fees:

- Exmoor Challenge, Abbots Way, Ten Tors etc. Each is detailed in the respective event letter.
- The DofE has a student registration fee for each level; Bronze, Silver & Gold as well as an annual school registration fee.

Training

One of the aspects that makes MCS so special is that our program is so inclusive; the opportunity is there for any child to successfully complete any of our activities. This is possible by a very extensive training regime. For example most school start Ten Tors training in Nov. Dec. when they are 14yrs old to take part that following May. At MCS we start at our Junior Summer Camp when they are 8-9yrs old & then build on this year on year so when they are 14yrs old & old enough to take part, they have a huge wealth of experience to draw upon.

Day Walks

The nature of the beast, means it will be fairly local; Woodbury, Dartmoor, Exmoor, Bodmin, Coastal Path etc.

Day walking kit is much simpler & covered in the detailed 'Day walking Kit' info sheet.

The school has a small amount of individual kit you can borrow; rucksacks, walking boots, coats & rain coats. But the norm is for children to provide their own.

Camps

Always involve a lot more kit, often the children are going self-sufficient & so need to carry everything they need from shelter, food & clothing to look after themselves for the duration of the expedition.

A 2 day expedition in the local country side is far simpler than a 4 day DofE Gold event in wild country.

The school provides all the group equipment; tents, cookers

There are extensive kit lists for each event, detailing what pupils need & what kit the school provides & can loan.

Detailed information about events is available on the internet

www.MagdalenCourtSchool.co.uk

- Kit Lists
- Assessment requirement
- Event information
- Sun Smart awareness
- Photos of past event going back over a decade
- Often route maps
- + lots, lots more

It's best to follow the link 'Clubs & Trips' which will then give you a basic intro to that event + a link to the letters relating to that event