



February 28, 2011

For the Attention of the Sports Co-ordinator

### **Primary School Swimming Gala**

I have pleasure in inviting your school to apply to compete in this year's event on Thursday 30<sup>th</sup> June 2011 at 6.15pm at the Pyramids Leisure Centre. It will be promoted this year by Exeter School Sports Partnership in association with Exeter City Swimming Club.

For those schools who have not been involved in previous years, this is an annual event which is designed to bring the schools together for an evening of fun competitive swimming. It will include children from years 5 and 6 (year 4 children can swim up\* if necessary) to swim individual events and team relays against other local schools.

There will be an entry fee of £40.00 per school to help cover the cost of pool hire and medals.

I should inform you that only the first 18 schools to reply will be accepted and on reply I shall forward on full details to confirm. Please reply to register your interest by Friday 1<sup>st</sup> April.

Should you require any further information before committing please do not hesitate to contact me.

Yours faithfully

Sarah Linnington  
On behalf of Exeter City Swimming Club.

*\*Swimmers may swim in their own age group or above for individual events and the cannon but not below*

## Primary School Gala Rules and Notes for School Team Managers

1. Please note that due to limited space, a maximum of 2 adults per school (one of whom will be acting as team manager) will be allowed on poolside. When registering your school at the start of the evening, 2 poolside passes will be given out. Any adult without a poolside pass will be asked to leave the poolside.
2. School bases will be designated around the poolside. Schools are responsible for their swimmers at all times.
3. The Gala will be held under ASA Laws
4. Please note safety rules will be announced at the start of the gala.
5. All individual races will be over one length, 25 metres and start at the deep end.
6. Schools may only enter swimmers attending their own school.
7. Schools may enter as few swimmers as they wish.
- 8.. A school may enter one swimmer per event with the exception of the Cannon where they must enter four swimmers (2 from year 5 and 2 from year 6). **The swimmers must swim in ascending year/age groups.**
9. Swimmers may swim a maximum of one individual event, plus the Cannon and the open butterfly.
10. Swimmers may swim in their own age group or above for individual events and the cannon but not below.
11. Year group ages are as follows;  
  
Year five – 10 as at end of August 2011  
Year six – 11 as at end of August 2011
12. Swimmers may be entered from year four if required.
13. Marshals/Competitor Stewards (wearing badges for identification) will marshal swimmers for their races at the deep end. Schools are responsible for ensuring their swimmers report to the Marshals 3 events in advance in the heats and 4 events in advance in the finals.
14. For the Cannons only the 1<sup>st</sup> and 3<sup>rd</sup> swimmers need to report to the Marshals, the 2<sup>nd</sup> and 4<sup>th</sup> swimmers should go to their appropriate lane at the shallow end. **All swimmers starting in the shallow end must start in the water holding onto the side with at least one hand.** Swimmers must not start until the oncoming swimmer has touched or the team may be disqualified. **The swimmers must swim in ascending year/age groups.**
15. Swimmers should be informed of the ASA rules for starts, strokes and turns. We shall try to be lenient in the judging and only disqualify those swimmers

who gain an advantage from breaking the ASA rules or those who swim the wrong stroke.

16. During the start of each race swimmers must remain quiet. When told by the marshals the swimmers for their race should line up at their lane. On command 'Take your Marks' they should be prepared to start and when the buzzer or whistle sounds they should start.
17. In Butterfly and Breaststroke races the swimmers should finish by touching the wall with both hands simultaneously. In Backstroke the swimmers must remain on their backs and touch the wall with one hand to finish. Swimmers may finish the Freestyle races by touching the wall with one or both hands.
18. Normal gala rules state that swimmers should remain in the water until the referee gives them permission to leave however we will relax this rule to try and keep the gala moving quickly.
19. Finalists will be the swimmers/teams with the six fastest valid heat times. Details of the finals with lane allocations will be posted on the café window. Please ensure that you check these in time to send finalists down for marshalling.
20. Please note that there may be straight finals when there are no more than six swimmers for the two heats so the heats for those events will not be swum. These finals will be swum in the correct place in the finals.
21. The trophies for the Girls' and Boys' cannons will be presented at the end of the gala. Please could the winning schools' teacher sign for the trophies after the presentation.
22. A shield will be presented at the end of the evening to the school with the most number of points. Points will be allocated for placings in the finals. Please could the winning schools' teacher sign for the shield after the presentation.
23. Medals and ribbons will be presented following each final. Finalists must remain in designated area until after the presentations.
24. **All spectators will be charged £1 to watch. Please advise the families of the swimmers of this charge.**
25. **Anyone wishing to take photographs, must sign in with Pyramids staff.**
25. Any comments to improve the gala next year will be warmly welcomed.

**Exeter City Swimming Club & Exeter School Sports  
Partnership  
Primary Schools' Swimming Gala  
Under A.S.A Laws  
Pyramids Swimming Pool  
Thursday 30<sup>th</sup> June 2011 at 6.15pm.**

1	HEAT	Girls open Butterfly	
2	HEAT	Boys open Butterly	
3	HEAT	Girls 5 <sup>th</sup> Year Backstroke	
4	HEAT	Boys 5 <sup>th</sup> Year Backstroke	
5	HEAT	Girls 6 <sup>th</sup> Year Backstroke	
6	HEAT	Boys 6 <sup>th</sup> Year Backstroke	
7	HEAT	Girls 5 <sup>th</sup> Year Freestyle	
8	HEAT	Boys 5 <sup>th</sup> Year Freestyle	
9	HEAT	Girls 6 <sup>th</sup> Year Freestyle	
10	HEAT	Boys 6 <sup>th</sup> Year Freestyle	
11	HEAT	Girls 5 <sup>th</sup> Year Breaststroke	
12	HEAT	Boys 5 <sup>th</sup> Year Breaststroke	
13	HEAT	Girls 6 <sup>th</sup> Year Breaststroke	
14	HEAT	Boys 6 <sup>th</sup> Year Breaststroke	
15	HEAT	Girls 4x1 Trophy Freestyle Cannon	
		5 <sup>th</sup> Year	
		5 <sup>th</sup> Year	
		6 <sup>th</sup> Year	
		6 <sup>th</sup> Year	
16	HEAT	Boys 4x1 Trophy Freestyle Cannon	
		5 <sup>th</sup> Year	
		5 <sup>th</sup> Year	
		6 <sup>th</sup> Year	
		6 <sup>th</sup> Year	
17	<i>Finals</i>	<i>For each of the above events</i>	<i>Swimmers/teams selected based on the 6 fastest heat times</i>